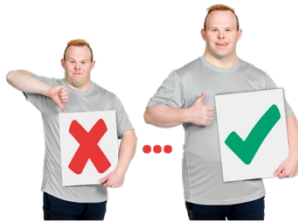


Why are we doing this project



This is the Easy Read for the project

- My Health Choices My Way



We want to change what happens

- for people moving from children to adult health care
- because it is not going well



Young people with intellectual disability are not taught about

- how to make choices and speak up
- their health care



Families and carers do not know how to help

- the move to adult health care



Health care workers are not sure how to support

- young people with intellectual disability



Experts in helping young people

- do not work together well

We will make together resources to support

- young people with intellectual disability
- their families and carers
- health care workers
- advocacy organisations
- teachers



Our resources will also be for people who

- have high support needs
- are First Nations
- live in the countryside



We will bring together experts who can help from

- health care
- disability supports
- education
- self-advocacy
- advocacy organisations



How we will do the project

Step 1

We will ask **key stakeholders** about

- issues in moving to adult health care
- resources they need



Key stakeholders are

- young people with intellectual disability
- families and carers
- health care workers
- disability workers
- teachers
- self-advocacy leaders



For key stakeholders we will interview you

- by yourself or in a group
- with photos or drawing like body mapping





For First Nations people we will do

- yarning circles to fit with your culture



Step 2

Together we will make resources to make moving to adult health care better

We will do this in workshops



The resources will be

- information about moving to adult health care



- training for professionals
- a test to see if those tools are working well



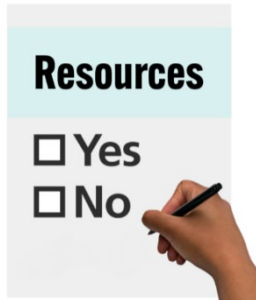
Step 3

We will use the resources in

- general practitioner (GP) offices
- a community clinic
- a hospital



- a high school with support units
- a self-advocacy organisation
- online with families



We will find out how our resources work

- and if they make things better



Step 4

We will make **National recommendations** with the key stakeholders



National recommendations are tips to help the move to adult health care

- happen at the right time and cost
- for government and groups to think about



We will write about what we learn in

- reports
- websites
- Easy Read
- social media

What is good about our project team



The project team members are

- world experts in research



We come from many areas and bring different strengths



We are experts who know and care about

- 1. co-production and disability research**



Some experts

- have intellectual disability
- have a person in their family with intellectual disability
- lead co-production research

2. cultural safety and community



Some experts

- are Aboriginal and Torres Strait Islanders

Some experts have worked with Aboriginal and Torres Strait Islanders people

- to make health and education better

3. working in health care



Some experts support health care by

- caring for people with intellectual disability
- making resources and talking with the government

4. making helpful changes in the health system



Some experts have helped make great health changes

How we will manage possible risks

The risk that people with high support needs do not take part



That is why we will also use

- photos and drawing like body mapping
- nonverbal communication

The risk that our resources are not used



That is why we will plan together

- how resources can be used in different settings

The risk is that key stakeholders will want different things



We will tell everyone that

- young people with intellectual disability make the final decision

The risk is that experts will not work together

We will tell experts our work rules

- and have meetings to talk together



Who we will work with

It is important our project is safe and works well

- for people with intellectual disability



We will do this through our **co-production model**

- that has worked well in the past



This model means the project is led by

- researchers with intellectual disability
- Aboriginal and Torres Strait Islander researchers
- community groups



These experts also work together with

- health care workers
- patient support groups
- self-advocacy groups
- educational organisations
- state governments



How we will support people

Young people with intellectual disability will

- make choices and speak up
- understand their health care



Families and carers will have more confidence and knowledge

- to support the move to adult health care



Health care workers will understand how to

- communicate with young people, their families and carers
- give person-centered health care



This means that young people with intellectual disability

- will be more healthy
- will be more in control



Our team wrote this together as experts who

- have intellectual disability
- are trained in Easy Read

