

My Health Choices My Way Mascot Contest

Terms and conditions



This document explains the **terms and conditions** for the mascot contest.

Terms and conditions are rules you need to follow.



The organisers of the contest also need to follow the terms and conditions.

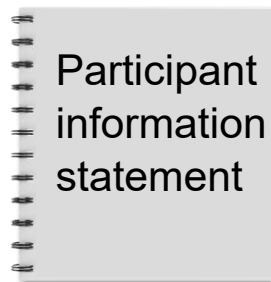


These rules

- are to protect your rights
- make sure the organisers do the right thing.



My Health Choices My Way has a mascot contest.



To participate in the mascot contest, you must

- read the Participation Information Statement.



You can read the form at [this link](#).



You must also sign the consent form at [this link](#).



You can take part if you:

- have an intellectual disability

12-28

- are 12-28 years old



- live in Australia.



The art contest is free to enter.



Your mascot must be original.

It must be made by you.



It must not be made by someone else.



It must not be made by **artificial intelligence**.

We say **AI** for short.



Artificial intelligence (AI) is when computers

can

- draw pictures
- give you ideas.



You can use different types of art for the contest.



This could be:

- painting



- drawing



- digital art



- collage.

A **collage** is when you, for example

- cut out paper, pictures, or magazines
- glue them on paper
- add drawings
- put them together to make a new artwork.



Your mascot should show what you think is important in health care.

This could be about:

- health care transitions
- good health care practices.



You can send us your mascot design

- from 23 April 2026

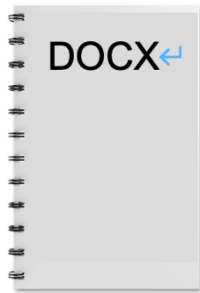


- until 30 June 2026.



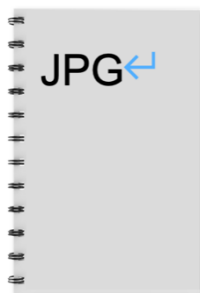
You can enter the contest by uploading a digital copy of your mascot here:

- <https://form.jotform.com/261087933957067>.



Your digital file can be a document that ends in:

- DOCX
- PDF
- TXT



Your digital file can be an image that ends in:

- JPG
- PNG.



You need to send an **artist statement** with your mascot.

An **artist statement** is a description of your mascot.



This means you can tell us

- what your mascot is about
- how you created your mascot

Tell us about your artwork



You can voice record your artist words

- if you do not want to write it down.



A judging panel will help decide the winner of the contest.



The panel will include young people with intellectual disability.



The My Health Choices My Way team will also decide the winner of the contest.



The winner will have their idea

- used as the project mascot



- win an iPad.



It is your choice if you want to take part.

You can change your mind later.



You can stop doing the contest at any time.

No one will be angry.

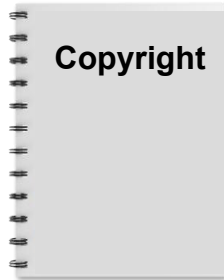


We will delete your information if you decide

- you do not want to enter the contest anymore.



This means your idea will not be included in the contest.



You will always own the **copyright** of your design.



Copyright means that the idea belongs to you.

It will not belong to the project team.



A digital copy of your idea will be displayed on the

- My Health Choices My Way website
- <https://healthmyway.au//>



Your idea will be **attributed** to you when on the website

- unless you choose not to include your name.



Attributed means that

- the team will put your name next to your design

so that people will know you created it.